

United ITF Australian Championships

Sunday 24th October 2010

St Jay's Recreation Centre, Browns Tce, Salisbury, Adelaide
Commencing 8.30am sharp (registration 8.00am)



Registration form

Name: _____ Sex: Male/Female
Address: _____ Code: _____
Phone: _____ E-mail: _____
Club: _____ Instructor: _____
Date of Birth: _____ Weight: _____ kgs Height: _____ cm
Rank/Belt: _____ gup/dan

Events (please tick)

Individual Sparring	<input type="checkbox"/>	Individual Patterns	<input type="checkbox"/>
Power Side Kick	<input type="checkbox"/>	Power Turning Kick	<input type="checkbox"/>
Longest Flying side kick	<input type="checkbox"/>	Highest Overhead Front kick	<input type="checkbox"/>
Power Punch	<input type="checkbox"/>	Power knife hand	<input type="checkbox"/>
Team Sparring	<input type="checkbox"/>	Team Patterns	<input type="checkbox"/>

Please list the other members of your team. Ensure all team members have registered for the Team event.

Sparring 1. _____ 2. _____ 3. _____ 4. _____
Patterns 1. _____ 2. _____ 3. _____ 4. _____

One Event

Pee Wees (under 10 yrs)	\$25.00	} \$5.00 per additional event eg Sparring, Pattern, Special Technique \$10 per additional Power event	Total Cost: <input type="text"/>
Juniors (10 – 15yrs)	\$30.00		
Seniors (16 – 39 yrs)	\$35.00		
Veterans (40yrs +)	\$35.00		

Registration Deadline : 1st October 2010

Payment and Entry Forms:

- CASH** – payable directly to the organizer prior to the Registration Deadline (above)
- All Entry Forms must be accompanied with the Entry Fee or will not be accepted .**
- Forms and Payments to be made Payable to :** “Australian Institute of Tae Kwon Do”
Po Box 233, Smithfield , 5114
South Australia.

Strictly No Refunds for withdrawals on the day of competition

Contact : Noel Keating Mobile No. 040 113 9608 or E-Mail : itf_southaust@hotmail.com



Tournament Guidelines

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Individual sparring

Individual sparring will be conducted according to a Pyramid Draw format, and according to ITF rules.
Compulsory equipment includes: ITF approved Gloves and Boots, Mouthguard, Groinguard (males)
Optional Equipment includes: Headguard (juniors), Shin/Forearm padding.
Unacceptable equipment includes: Taped hands, Boxing gloves, Shin/instep protectors, All Jewelry
Divisions will be according to rank, age and weight, and competitors will be matched as closely as possible.
Sparring will be conducted for the following age categories.

	<u>Eliminations</u>	<u>Finals</u>
Pee Wees	1 round X 1.5mins	1 rounds X 1.5 mins
Juniors	2 round X 1.5 mins	2 rounds X 1.5 mins
Intermediates	2 round x 2 mins	2 rounds X 2 mins
Seniors	2 round x 2 mins	2 rounds X 2 mins
Veterans	2 round x 1.5 mins	2 rounds X 1.5 mins

Individual Patterns

Competitors will be required to perform official ITF patterns.
Gup competitors perform 1 Optional Pattern, appropriate to their rank.
Gup placings will be determined by the top 3 scores – where a tie occurs, a Compulsory pattern will be performed, as determined by the Senior Umpire.
Degree categories will be contested in a Pyramid Draw format.
Degree competitors will perform 1 Compulsory Pattern & 1 Optional Pattern.

Power Breaking

Categories will be: into Senior Male, Senior Female, Teen Male (13-16yrs) and Intermediate female (13-16 yrs)
Only 1 attempt will be permitted.
Competitors can be tested on either and/or all of the following techniques:

Side Piercing Kick
Turning Kick
Knifehand strike
Punch

Normal technical rules for power breaking apply
Awards will be given for first place only Award will be given for the person who breaks the most boards (thickness)
Where 2 people tie, then the winner will be the person who is of lighter mass (kg)

Special techniques

Competitors will be measured according to distances covered (either vertically or horizontally) whilst successfully 'hitting' a target with the correct tool.
Categories will be divided into Senior Male, Senior Female, Teen Male (over 13-16yrs) and Teen female (13-16 yrs),
Junior Male (9-12 yrs), Junior Female (9-12 yrs), Pee Wees combined (8yrs and below)
A competitor can enter either and/or both of the following techniques :
Flying Side Kick - Special categories for Pee Wees and Juniors
Flying Front kick - Special categories for Pee Wees and Juniors
An award will be made for the winner in each category only

Team Sparring

Teams must consist of 5 people of the same Gender (sex) and will compete in the age group of the oldest member.
All 3 bouts will be contested, with the grand total of points accumulated over the 3 bouts determining the winner.
Where there is a draw, the 3rd bout will continue until the next point is scored.
There is no restriction on rank or weight.
Bouts will be conducted at appropriate round lengths for the age group as per Individual sparring.

Team Patterns

Team Patterns must consist of 5 members, however (unlike team sparring) genders and ranks can be mixed.
The age group will be determined by the oldest person in the team.
No person can compete in 2 separate teams of patterns.
Team Patterns require each team to perform one 'optional' choreographed pattern.



2010 United ITF Australian. Championships Juniors / Seniors / Veterans

Invitation

Dear ITF Members,

I wish to cordially invite you and all your club's members to participate in the 2010 ITF Australian Championships to be held on Sunday 24th October 2010 at St. Jay's Recreation Centre, Browns Tce, Salisbury.

Please find attached the registration forms for all participants.

We ask that you note the **deadline of Friday 1st October 2010**, for the Australian Championships.

Please do not submit forms without payment, as they will be rejected.

We look forward to your active participation and support in this important event for United ITF Australia.

Interstate visitors are encouraged to book fares early, as there are many cheap fares currently available through the discounted airlines right now if you get in quickly.



Taekwon

Mr. Noel Keating
6th Degree Black Belt
Tournament Organizer
P.O. Box 233 Smithfield, SA 5114
Ph. 040 113 9608
itf_southaust@hotmail.com

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Medical Form

(Students will not be permitted to compete unless medical form is completely and accurately filled in)

THIS FORM IS FOR FIRST AID PURPOSES ONLY

Name: _____ Sex: _____ D.O.B.: / /

Address: _____ Code: _____

Phone (home) _____ (mobile) _____

Emergency contact person:
Phone (home) _____ (mobile) _____

Medicare Number (for first aid in case treatment is needed): _____

Do you suffer from any of the following conditions (circle for 'yes'):

Asthma Epilepsy Diabetes

Other: (please explain)

Are you currently taking medication ?

Explain in detail:

Are you allergic to any medications ?

Explain:

Are there any other factors which you think may impede on your ability to compete safely in this tournament ?

Declaration and Waiver

I, the undersigned, in consideration of, and as a condition of acceptance of my entry in the tournament hosted by "United ITF Taekwon-Do (Australia) Inc. or "Australian Institute of Tae Kwon Do", for myself, my heirs, executors and administrators hereby waive all and any claims, right or cause of action which I or they may otherwise have, for or arising out of loss of life or injury, damage or loss of any description whatsoever, which I might suffer or sustain in the course of, or consequent upon my entry and participation in the said tournament.

Signature _____ Date _____

If under 18 year, your parent / legal guardian must also sign on your behalf:

I certify that I am the parent / guardian of _____ who will be _____ years of age on the day of the said competition, and has my consent to compete in this event.

I have checked that all the information on this form is correct, and understand the conditions of entry.

Signature: _____ Date: _____